

## ENCLOSED SEA GUIDE – OVERVIEW

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### **Award Definition:**

The holders of this award are qualified to guide groups of novices on activity and day based programs in sea kayaks in enclosed waters defined as Bays and Harbours: -

- Moderate conditions (forecast or 11 – 16 knots)
- Assessed in minimum winds of 11 – 16 knots
- Max 1.5 nautical miles from shore
- Breaking (overtopping) waves (sea) up to 0.5m
- No surf

### **Skill Component:**

- Prepare appropriate craft and equipment with consideration for safety, sun sense and hypothermia
- Paddle the craft efficiently in moderate enclosed sea conditions: -
  - Strokes: -
    - Forward and reverse paddle
    - Forward and reverse sweeps
    - Draw strokes (feathered and sculling)
    - Stern Rudder
    - Stopping
    - Support using both blade faces
- Perform rescues in moderate conditions at sea
  - Buddy rescue: -
    - Wedge rescue
    - T rescue
  - Self-rescue: -
    - Paddle float rescue
- Perform tows in moderate conditions at sea: -
  - Single tow
  - In line tow
  - V tow
  - Short tow
  - Contact tow
  - Towing to hold position
- Secure craft for transport, secure equipment to craft

### **Knowledge Component:**

- Have a broad understanding of the advantages and limitations of sea kayaks
- Select and advise novice paddlers on appropriate equipment and clothing with consideration of sun sense and hypothermia
- Plan full day enclosed sea activities for novice paddlers
- Store, operate and maintain appropriate safety and communication equipment
- Interpret weather for enclosed sea trips
- Knowledge of tides for enclosed sea trips
- Minimal environmental impact
- Knowledge and maintenance of craft.
- Knowledge of Rules and Sea

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- AC's role, membership structure, your rights and responsibilities
- Safety Guidelines, Minimal Impact Guidelines, Risk Management Policy, Incident Reporting requirements
- Hazard identification and risk management program for an enclosed sea trip
- Licensing, permits and other legal and behavioural laws and requirements
- Understanding of selection of launching and landing sites
- Maintaining log books

### **Experience component:**

- *Provide a verified log showing over the previous two years at least: -*
  - Six enclosed sea environment trips of a minimum of three hours duration
  - Two different overnight enclosed sea kayak trips
  - Six guided enclosed sea activities of at least three hours duration as an observer under training or as an assistant Guide (must be in two different locations)
  - Two guided enclosed sea activities of at least six hours duration as lead guide under observation of a qualified guide
- Current First Aid and CPR qualifications

### **Communication component:**

- Establish and maintain an effective communication system within a group of novices
- Brief a group of novices paddlers to participate in activity, must include but not limited to: -
  - purpose and duration of trip
  - expected conditions
  - correct posture
  - setting up the craft
  - strokes as required
  - group movement requirements
  - actions in the event of an emergency
  - On water signals
- Deliver directions in a clear and concise manner
- Debrief

### **Leadership component:**

- Manage the launching and landing of a group of novice paddlers
- Manage a group of novice paddlers in moderate conditions at sea
- Manage multiple capsizes and emergencies of novice paddlers
- Manage group packing
- Manage tows of novice paddles in moderate conditions in enclosed sea

### **Theory Component**

- Complete a written assessment
- Complete an assessment project