

ENCLOSED SEA GUIDE - PRE-REQUISITE ENCLOSED SEA PADDLING SKILLS

Award definition

The holders of this award are qualified to guide groups of novices on activity and day based programs in sea kayaks in enclosed waters defined as Bays and Harbours:

- Moderate conditions (forecast or 11 – 16 knots)
- Assessed in minimum winds of 11 – 16 knots
- Max 1.5 nautical miles from shore
- Breaking (overtopping) waves (sea) up to 0.5m
- No surf

Skill Component

- Prepare appropriate craft and equipment with consideration for safety, sun sense and hypothermia
- Paddle the craft efficiently in moderate sea conditions:
 - strokes:
 - forward and reverse paddle
 - forward and reverse sweeps
 - draw strokes (feathered and sculling)
 - stern Rudder
 - stopping
 - support using both blade faces
- Competently perform a self-rescue
 - swim to shore with craft and gear
- Form into and disperse from a raft
- Secure craft for transport, secure equipment to craft

Knowledge Component:

- Have an broad understanding of the advantages and limitations of sea kayaks
- Select appropriate equipment and clothing with consideration of sun sense and hypothermia